# Halifax Chamber of Commerce presents...

# **Tropical Costa Rica**



For Reservations: Contact CAA Groups Department grouptravel@atlantic.caa.ca







9 Days • 14 Meals: 8 Breakfasts, 1 Lunch, 5 Dinners

**HIGHLIGHTS...** San Jose, Coffee Plantation, Arenal Volcano, Cano Negro Refuge, Lake Arenal Cruise, Farm Tour and Lunch, Monteverde Cloud Forest, Choice on Tour, Guanacaste

#### **ITINERARY AT A GLANCE**

Day 1 Doubletree Cariari Hotel, San Jose
Days 2 – 4 Arenal Springs Resort & Spa, Arenal

Days 5, 6 El Establo, Monteverde

Days 7, 8 Nammbu Beachfront Bungalows, Guanacaste On some dates alternate hotels may be used.

can additional \$100 off per person!

# **Day 1: Sunday, April 14, 2024 San Jose, Costa Rica - Tour Begins** Your trip to Costa Rica opens in the colourful capital city of San Jose, the perfect place to relax and soak up the sights as your adventure begins.

## Day 2: Monday, April 15, 2024 San Jose - Coffee Plantation - Arenal

Welcome to the Central Valley. Begin with a tour of a local coffee plantation highlighting the history and cultivation of this driver of the Costa Rican economy. This afternoon, check in for a leisurely 3-night stay at a lodge overlooking the majestic Arenal Volcano. Get to know the Costa Rican culture this evening. (B, D)

Day 3: Tuesday, April 16, 2024 Arenal - Cano Negro - Arenal Embark on a Cano Negro guided riverboat trip in a covered canoe known as a panga. These 20,000 acres are home to the largest viewable collection of indigenous wildlife in all of Costa Rica. Go in search of caimans, river otters, sloths, monkeys, river turtles, exotic birds and rare butterflies. Later, return to Arenal for the chance to relax during an optional spa visit. (B)

## Day 4: Wednesday, April 17, 2024 Arenal

Today, explore a family-owned farm, getting a peek into the daily lives of the locals. During a tour of the gardens, learn how the plants are organically grown through the concept of sustainability. The farm considers itself a "classroom without borders." Taste the exotic fruit harvest and experience the traditional way to process sugar cane. Enjoy a sip of cane liquor before engaging in a culinary demonstration and a farm-to-table lunch. (*B*, *L*)

# Day 5: Thursday, April 18, 2024 Arenal - Lake Arenal Cruise - Monteverde

Enjoy a delightful cruise on Lake Arenal, Costa Rica's largest and most important lake. Then, it's off to the secluded Monteverde Cloud Forest, a place you have to see to believe, where trees grow to heights of 100 feet! Set off on a nature walk through this spectacular ecosystem, where you're sure to encounter many incredible species of flora and fauna. (B, D)

### Day 6: Friday, April 19, 2024 Monteverde

**It's your choice!** Explore one of the world's largest butterfly gardens. Then, join an expert for a leisurely paced "Hanging Bridges" walking tour to gain a different perspective of the cloud forest's lush ecosystem **-OR-** take an exhilarating ride on one of the longest canopy zip line tours in Costa Rica. If you would like to do both the hanging bridges and the zip line tour, you may purchase the second as an option on tour. (*B*, *D*)

### Day 7: Saturday, April 20, 2024 Monteverde - Guanacaste

Today we make our way to breathtaking Guanacaste, known for its fine sandy beaches. Settle in for a relaxing 2-night stay at your resort and take in the mesmerizing ocean views. (B, D)

### Day 8: Sunday, April 21, 2024 Guanacaste

Fun in the sun is in store today as you explore the nearby beaches, or simply relax by the pool and take advantage of your resort's lovely amenities. This afternoon, visit the delightful beach town of Samara, one of the top sunset spots in Costa Rica. Soak in the spectacular colours as the sun illuminates the natural landscape. (B, D)

# **Day 9: Monday, April 22, 2024 Guanacaste - Tour Ends**Today you depart for home with fabulous memories of your Costa Rican adventure. (*B*)







## **Book Now & Save \$50 Per Person:**

Book Now & Save \$50
Per Person

## For bookings made after Oct 14, 2023 call for rates.

**Included in Price:** Round Trip Air from Halifax International, Air Taxes and Fees/Surcharges of \$150 per person (subject to increase until paid in full), Hotel Transfers

Please email grouptravel@atlantic.caa.ca for air pricing from your local gateway!

\* All Rates are Per Person and are subject to change, based on air inclusive package from Halifax

#### PLEASE NOTE:

Book Now rates valid until Oct 14, 2023, valid on air inclusive packages only. PROOF OF CITIZENSHIP: PASSPORTS AND VISAS

Documentation is required by foreign governments for all trips outside Canada. You should visit Global Affairs Canada at <a href="https://travel.gc.ca/">https://travel.gc.ca/</a> for general information about passports and visa requirements. Some countries require a visa in addition to a valid passport for entry, so it is important that you check with the appropriate foreign consulate or embassy for specific entry requirements and details you need to know regarding how and when to obtain the visa. Please remember the possession of valid passports and necessary visas are the responsibility of each client/passenger. If you would like assistance in ensuring you have the proper visa(s) for your trip outside of Canada, we would be happy to refer you to a company that can assist you.

We strongly recommend that you have a valid passport (with seven-month validity) for all travel outside Canada.

Please be advised transit visas may be required if connecting through a country on route to your final destination.

#### INSURANCE

When travelling outside Canada, health insurance is required. Contact your booking agent for more details.

#### TRAVEL CONDITIONS

There may be different living standards and practices and different standards and conditions with respect to the provision of services and accommodations outside of Canada.

We want you to enjoy your tour with us; therefore, it is important that you know this tour is an adventure! You will view spectacular scenery while experiencing the culture and heritage of the region. We have selected small, comfortable hotels for their locations and they may be considered rustic.

Single accommodations are limited and are available on a first come, first served basis.

To complete your tour, we <u>include</u> roundtrip airport-to-hotel transfers when purchasing our airfare with your tour. If you have arranged for your <u>own air</u>, we are pleased to provide you the option of *purchasing* these transfers. Please note that all transfers will leave at pre-scheduled times.

Elevators and air conditioning are not available in most accommodations used on this tour.

## **Experience It! Monteverde Cloud Forest**

Only four places in the world boast an ecosystem so unique that it produces a cloud forest, and Costa Rica is one of them. Situated high on a mountain, the Monteverde Cloud Forest is created by the forest's dry air combining with the humid, hot air of the rainforest. The result is a blanket of clouds that covers the forest, mimicking constant rainfall. This extremely wet environment has bred a diverse world of exotic flora and fauna. One of the cloud forest's most famous residents is the endangered, resplendent quetzal. This colourful bird sports a golden beak and a green-hooded head, tail feathers of gray, black, and white, and a vibrant scarlet breast. Highly elusive, quetzal sightings are rare, but absolutely unforgettable when attained.

## **EXTEND YOUR VACATION WITH**

Optional 4 Days 3-Night Jungle Adventure Pre Tour Extension

Per Person Rates: \$1,105.00 CAD double, \$1,300.00 CAD single, land only

For more information on extensions and options for this tour visit gateway.memberchoicevacations.com/link/1198717

The overall activity level of this tour is a level 3. This means you're an on-the-go traveller. You don't want to miss a thing, so walking and standing for longer periods of time (2-3 hours) isn't a big deal. A moderately paced two-and-a-half-hour walking tour, covering several miles, hills, and uneven surfaces, is no problem for you. Walking four miles over the course of a day is very doable, as is climbing into and out of various modes of transportation (tuk-tuk, cable car, zodiac, etc.). You can climb three flights of stairs easily and handle altitudes between 6,000 and 9,000 feet. Expect some longer days with early mornings or late nights balanced with free time to recharge or set out on your own adventure. The roads in Costa Rica are notoriously poor and impacted by heavy rains each season making them bumpy and requiring lower driving speeds. In order to experience all that we have included on this tour, we will spend an average of 4-5 hours on your coach to travel to your next stay. You can expect winding and some unpaved roads along the way. Many accommodations can be spread out and you should be prepared to walk a variety of terrain to get to public spaces like resort lobbies and restaurants; you may need to access your room through outdoor pathways. This level is not a fit for travellers who require mobility assistance devices.

Please be advised many airlines do not provide advance seat assignments until check-in at the airport. Advance seating will be subject to the airline's terms and conditions.

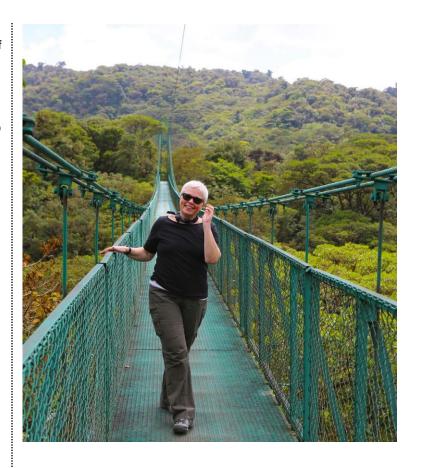
Our air passengers will depart from Liberia airport. Approximate travel time between Playa Carrillo, Guanacaste and Liberia airport is approximately 2 hours.

For air-inclusive reservations, the name provided at time of booking must match your government-issued ID that will be used during travel. Name changes are subject to penalties.

Economy air rate and schedule are applicable for groups of 10 or more travelling on the same flights and dates.

A deposit of \$698 per person is due upon reservation. Reservations are made on a first come, first served basis. Reservations made after the deposit due date of October 07, 2023 are based upon availability. Final payment due by February 14, 2024. Deposits are refundable up until October 07, 2023.

NOTES:	



For important reservation information visit gateway.memberchoicevacations.com/link/1198717.
You can also find this information on your tour documents.



## 40 Queen Street South Mississauga, ON • L5M 1K3

Phone: 1-855-998-4494 Fax: 401-727-9014

If paying by credit card, please complete this form and return to CAA Atlantic. We can only charge your credit card for the amount noted if the signature, address and phone number are listed below. Thank you!

## **CREDIT CARD AUTHORIZATION FORM**

BOOKING NUMBER: 1198717 TOUR: Tropical Costa Rica DEPARTURE DATE: April 14, 2024 GROUP NAME: Halifax Chamber of Commerce							
Name of Passenger: Salutation: First Name: (Mr., Mrs., Rev.)	Middle Initial: Last Name:(Please print as it appears on Passport)	Suffix:(Jr., Sr.)					
Cardholder Name:	Card)						
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Credit Card Number:							
Expiration Date:	Amount to be charged: \$						
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I agree to pay according to the card issuer ag cancellation policy, terms and conditions.	greement. I understand and accept C	CAA Vacations®					
Participating credit card companies are now <b>FRAUD PREVENTION</b> . All information If using your credit card for payment, please	MUST be provided. Thank you for	your cooperation!					
CAA Atlantic 330 John Savage Avenue Dartmouth, NS B3B0L7							
Or by Fax to: 902-468-6303							
Above credit card information has been called in	n to AAA Vacations.						



40 Queen Street South Mississauga, ON • L5M 1K3

Phone: 1-855-998-4494 Fax: 401-727-9014

BOOKING NUMBER: 1198717 TOUR: Tropical Costa Rica
DEPARTURE DATE: April 14, 2024 GROUP NAME: Halifax Chamber of Commerce

## **Available Options**

Personalize your tour by adding an optional activity below. Our recommended options have been carefully chosen to help enhance your individual experience. Complete the provided Prepaid Options Form to reserve your options.

Availability is limited and reservations are on a first come, first serve basis. Payment must be received no later than 15 days prior to departure. Prices are subject to change.

Children under the age of 18 MUST be accompanied by an adult.

## Arenal

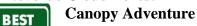
## **Natri Spa Treatment-Arenal Springs**

**\$247** CAD

"What is good for the body is good for the soul." A well-deserved spa visit provides a complete treatment experience to replenish your mind, body and soul. Experience supreme pampering and relaxation with a choice of one of several different exhilarating spa service packages. Each package includes 3 different spa treatments from aromatherapy and mud massages to exfoliation and reflexology. Certified therapists will guide you to a province of complete relaxation as you enjoy unforgettable therapeutic facial and body treatments. Your choice of packages are:

Citrus Spa Package (110 minutes) – Citrus Exfoliation, Aromatherapy Massage, Natural Mask Sanctuary Package (110 minutes) – Herb Exfoliation, Relaxing Massage, Reflexology Springs Spa Package (110 minutes) - Sugar & Honey Exfoliation, Mud Massage, Facial Massage This option is available only to those guests who are staying at the Arenal Springs Hotel. Due to extremely limited availability, please book as soon as possible. *Duration: Approximately 1.4 hours*. Please note a minimum of 1 passengers is required. Transportation is not included.

## **Monteverde Cloud Forest**



**\$99** CAD

Experience the unique sensation of flying through nature! For nature lovers, the greatest adventure of all is to take a Zip Line Canopy Adventure Tour. Selvatura Adventure Park and Canopy Tour is one of the best soft adventures in Costa Rica. Canopy Tour guides start by outfitting you with the appropriate equipment; then they take you through each of the 12 cables and 19 platforms and through the Tarzan Swing (optional). Selvatura Park is one of the longest Canopy Tours in Costa Rica, and is the only zip line canopy tour located inside the actual virgin cloud forest of Monteverde. Feel pure adrenaline and excitement of flying up to 35 miles per hour, viewing magnificent landscapes. Zip lines ranging from 120 to more than 2,000 feet in length and 60 to 400 feet in height let you experience the cloud forest from a whole new perspective. The tree top canopy tour not only offers a great adventure but also an opportunity to observe wildlife in its natural habitat. Trained personnel (accredited by the Costa Rican Institute of Tourism) accompanies you throughout the tour. If you are looking for a fun adventure and amazing rides, this canopy tour is your best choice. Please note: This option must be booked at least 30 days prior to departure and is non-refundable within 15 days of departure. This adventure is NOT recommended for clients who have high blood pressure, back or heart problems or women who are pregnant. *Duration: Approximately 3 hours.* Please note a minimum of 2 passengers is required. Transportation is included.



**Monteverde Hanging Bridges** 

**\$99** CAD

Explore the cloud forest reserve in the heart of Monteverde from up above as you walk among the treetops with a local expert. Venture into an enchanting, colourful world as your tour begins with exploring one of the world's largest butterfly gardens with more than 30 species of tropical butterflies. Then embark on a guided walking tour high above the forest floor on a leisurely paced "Hanging Bridges" tour and gain a different perspective of the cloud forest's

unique ecosystem, its mammals, birds, plants and flora. Admire the forest floor bursting with natural wonders, wildlife, and take in the amazing vistas. Take advantage of this unique opportunity to get up close to the indigenous wildlife in their natural habitat as your local expert shares stories of this incredible landscape and the ecology of the cloud forest. *Duration: Approximately 2.5 hours.* Please note a minimum of 2 passengers is required. Transportation is included.

#### Guanacaste



## Mangrove Kayaking on the Ora River

**\$69** CAD

Branches reaching out into the swamp, creatures bustling through the undergrowth, and long-necked birds wading into the cloudy water. The mangroves of Costa Rica are not only essential to the larger ecosystem but also function as an ethereal waterway that will make you feel as if you've been transported to another world. Mangrove trees live in swamps where salt water meets fresh water, creating a flourishing home for a wide variety of animals. On your kayak, discover an intimate look at the local wildlife as you gently paddle ten kilometers down the Ora River. Keep an eye out for playful monkeys and explorative iguanas scurrying up the trees. Follow your guide as you coast along the water, making your way along the winding river and taking in the nature all around you.

Availability is based on river or sea conditions and cannot be guaranteed. This tour often runs at the same time as the Dolphin & Snorkel Adventure due to the tide schedule. Therefore, you can only book one of these optional tours, not both. *Duration: Approximately 3 hours*. Please note a minimum of 10 passengers is required. Transportation is included.

## **Dolphin Watching & Snorkel Experience**

\$83 CAD

Get a different perspective of the Costa Rican wildlife when you venture into the natural habitat of a dolphin family. With a guide, get a firsthand look at these elegant creatures and watch as they play along the water's surface. Home to an abundance of animals, keep an eye out for other creatures as well. If you're lucky, you may even spot some whales or turtles! Afterwards, try your hand at fishing as you cast your line into the blue waters of the Pacific. You'll also get a chance to swim and snorkel in the warm waves along the coast, getting a closer look at the sea life. Wildlife sightings are not guaranteed. Activity is dependent on ocean and weather conditions. This tour often runs at the same time as the Mangrove Kayaking on the Ora River due to the tide schedule. Therefore, you can only book one of these optional tour *Duration: Approximately 4 hours*. Please note a minimum of 10 passengers is required. Transportation is included.

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	refundable within	option must be booked at leas 15 days of departure. This adv ressure, back or heart problem	enture is NOT recommende	ed for clients who	
	Monteverde Har		o e. Hemen ime are progn	<u></u>	98.00
	Availability is base the same time as	king on the Ora River ed on river or sea conditions an the Dolphin & Snorkel Adventu these optional tours, not both.			69.00
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Please make cheques payable to CAA Atlantic and send to:

CAA Atlantic 330 John Savage Avenue Dartmouth, NS B3B0L7 Fax: 902-468-6303



TRAVEL DATE: 4/14/2024 TERRITORY: C1

RES#: 1198717

## **Tropical Costa Rica**

## For Reservations Contact Your Local CAA Branch

CAA Travel | email: grouptravel@atlantic.caa.ca

A deposit of \$698 per person is due upon reservation. Reservations are made on a first come, first served basis. Reservations made after the deposit due date of October 07, 2023 are based upon availability. Final payment due by February 14, 2024. Deposits are refundable up until October 07, 2023. YOUR INFORMATION:

Clearly print your full name (first/middle/last) as it appears on your government issued travel documentation.

IMPORTANT: In order to avoid any unnecessary change fees, it is imperative that all guest names are entered correctly from the start. The information below must be the legal name and be 100% identical to the ID being used to travel cpassport/driver's license including middle names or suffixes SIP.

First:	Middle:		_ Last:			Suffix:		
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Phone: ( )	Cell: (	)		Email Addr	ess:			
Passport Number:	Expiration Date: (dd/mm/yy)			Date of Issuance: (dd/mm/yy)				
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Should you become ill or injured, whom s	hould we contact (	not travelling w	vith you):		_ Phone: (	)		
ROOMING WITH: Check if address is the same as Passenger #1								
First:	Middle:		_ Last:			Suffix:		
Air Seat Request: ( ) Aisle ( ) Window ( CAA Vacations® cannot guarantee your seat pref scheduled times. Please be advised, when travelling as part of a gr "Federal law forbids carriage of hazardous mater baggage. A violation can result in 5 years' imprishttp://www.tsa.gov/traveller-information/prohibited EXTENSION: I wish to purchase "3-Night Ju ON TOUR ACTIVITIES: Please choose one Please Choose One: ( ) Monteverde Hanging Bridges ( ) Canopy Adventure PLEASE MAKE CHEQUES PAYABLE TO:	erence. If you have not oup, many airlines do rials such as aerosols, forment and penalties of terms."  Ingle Adventure" ( ) are of the following or CAA Atlantic ( ) C	t purchased air thing the provide seat arite provid	ssignments. Preferred sea patteries & flammable liqui re. Details on prohibited i	ating may be ava ids aboard the ai items may be fou	ilable for an add ircraft in your che ınd on TSA's "pr	itional charge. ecked or carry-on ohibited items" web page:		
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I agree to pay according to the card issuer agreement. I understand and accept the cancellation policy, terms and conditions. See http://www.memberchoicevacations.com/about-us/terms-and-conditions for full terms and conditions of your purchase.

Important Conditions: Your price is subject to increase prior to the time you make full payment. Your price is not subject to increase after you make full payment, except for charges resulting from increases in government-imposed taxes or fees.

## Extend your holiday with

## Optional 4 Days 3-Night Jungle Adventure Pre Tour Extension

Per Person Rates: \$1,105.00 CAD double, \$1,300.00 CAD single, land only 8 Meals: 3 Breakfasts, 3 Lunches, 2 Dinners

Day 1: San Jose

Arrive in San Jose, Costa Rica's capital city for an overnight stay.

## Day 2: San Jose - Tortuguero National Park

This morning set out for an exciting soft-adventure jungle experience in Tortuguero, the Amazon of Costa Rica, in search of wildlife such as macaws, sloths, monkeys, falcons and other native species. Depart your San Jose hotel via private transportation for a transfer to the dock where you board an open-air boat with other travellers to journey into Tortuguero's unspoiled paradise. Check into an eco-lodge built in harmony with nature using the best sustainability practices – where fans create breezes instead of air conditioning and meals feature locally sourced ingredients prepared with Caribbean flair. *Today breakfast, lunch and dinner will be included.* 

## **Day 3: Tortuguero National Park**

An early morning bird watching excursion\* is offered so you may learn about the variety of local species and migratory birds that flock to this area. Join your fellow lodge guests on a spectacular boat cruise through the various canals and be sure to keep an eye out for wildlife including howler monkeys, sloths, toucans, aquatic birds, bats and caimans, as well as exotic flora. Tortuguero National Park is a study in rainforest, freshwater, and marine biology. It protects over 350 species of birds and mammals including green macaws; 57 species of amphibians; 111 species of reptiles; and 60 mammal species, including 13 of Costa Rica's 16 endangered species including jaguars, tapirs, ocelots, cougars, river otters and manatees. *Today breakfast, lunch and dinner will be included.* 

## Day 4: Tortuguero National Park - San Jose

Depart Tortuguero National Park today to return to San Jose. Upon arrival, meet your Tour Manager and fellow travellers for the start of your *Tropical Costa Rica* tour. *Today breakfast and lunch will be included.* 

Please Note:

Order of sightseeing is subject to change.

Extensions are subject to availability and applicable charges at time of request.

\*Morning bird watching excursion is weather-dependent.

**Fully-guided** extensions are perfect for travellers who want the complete experience of a new destination and local experiences. Travellers will have a dedicated guide throughout this entire extension.

Your transfer from the San Jose hotel to the dock and on the land return back to the San Jose hotel is private. Upon arrival at the dock, the boat transfer is provided by your Eco Lodge, which you will be joined by other like-minded adventurous guests of the lodge. During your time in Tortuguero, the Eco Lodge will provide you with an exclusive local naturalist guide and all included activities and meals. This price includes activities and meals as outlined; roundtrip transportation to Tortuguero; 1 night in San Jose and 2 nights at the Evergreen, Aninga or Pachira Lodge.

In keeping with best practices for sustainability and responsible tourism set forth by the Rainforest Alliance, the hotel in Tortuguero does <u>not</u> offer air conditioning.

Due to luggage size and weight restrictions on the boats, please bring an overnight bag for the 2-night stay in Tortuguero National Park. Please make arrangements with the concierge's desk at the hotel in San Jose for luggage pick up and for storage until your return from Tortuguero.

We reserve the right to cancel this extension if a minimum of 4 passengers is not met to operate.

For air-inclusive reservations, the name provided at time of booking must match your government-issued ID that will be used during travel. Name changes are subject to penalties.

The overall activity level of this extension is a level 2. This means you can partake in a two-hour walking tour covering up to 2 miles (including breaks), over a variety of terrains. You can climb two flights of stairs with ease and handle altitudes up to 6,000 feet. While this level is appropriate for travellers that require mobility assistance devices, there could be times when you may have to sit out on some of the included activities.